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Instructions for Flexible Sigmoidoscopy

If you are scheduled to have this procedure with anesthesia please do not eat or drink anything after midnight.

The preparation for this procedure is two Fleets Enemas back to back 2 hours prior to your scheduled procedure time.

If you are unable to do the Fleets Enemas, please drink 1 bottle of Magnesium Citrate the night before with at least 24-32 oz of water.