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Full Trilyte Split Dose Colonoscopy Prep

NAME: _____ PHYSICIAN: _____

DAY AND DATE: _____ TIME: _____ ARRIVE AT: _____

PLACE: _____ REPORT TO: _____

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of \$125 dollars will be assessed.

1 week Before your test

- Check with our office for specific instructions if you take ANY bloodthinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.)
- Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)
- Pick up Trilyte solution from your pharmacy
- STOP oral iron 5 days before test (Vitamins with iron are OK)

DAY Before your test

- START a CLEAR LIQUID DIET when you wake up
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK
- At 4 PM START TO DRINK 2 LITERS of Trilyte slowly over several hours. If you are nauseous, take a 1hr break and start again until the Trilyte is complete
Use LOLLIPOPS (RED ones are OK) and CHILL the Trilyte to help with tolerating the prep
- Continue CLEAR LIQUID diet
- Get some sleep

DAY of your test

- TAKE all your usual medications when you wake up with a sip of water
- Continue CLEAR LIQUID diet
- 5 Hours before your test: START TO DRINK 2 LITERS of Trilytes slowly over 3 hours or less
- 2 Hours before your test: STOP ALL oral intake- NOTHING!!! NO gum or candy
NO cologne, perfume, or lotions please!
- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.